Carole DANIEL

Professor

Academy: Globalization

Research center: SKEMA Centre for Sustainability Studies

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Research interests

Leadership Change Management, Mindfulness

Education

2005	Doctorat ès Sciences de Gestion, Université de Lille, France
2000	Diplôme d'Etudes Approfondies, Université de Lille, France
1998	Master in Management, ESC Lille, France
2004	BELBIN, France
2002	MBTI, France

Experience

Full-time academic positions

Since 2024	Professor, SKEMA Business School, France
1998 - 2023	Associate Professor, SKEMA Business School, France

Other academic affiliations and appointments

2014 - 2018	Academic Director of the Executive MBA, SKEMA Business School, France
2008 - 2013	Vice Dean for International Accreditations, SKEMA Business School, France
2010 - 2011	Head of the Project Management Department, SKEMA Business School, France
2005 - 2007	Associate Dean of the Programme Grande Ecole, ESC Lille, France

Other professional experiences

1998 - 2000	Project Manager, MAINETTI, Templemars, France
1997 - 1998	Marketing Manager, Soufflet Alimentaire, France
1996 - 1997	Communication Adviser, KRBO, France

Publications

Peer-reviewed journal articles

GUIDICE, R.M., MESMER-MAGNUS, J., ANDREWS, M.C. and DANIEL, C. (2026). Mindfulness and green purchase behaviors: test of a serial mediation model. *Journal of Environmental Planning and Management*, 69(6), pp. 1757-1782.

VOGUS, T.J., DANIEL, C. and KUDESIA, R. (2026). Toward Mindful Project Organizing: Tim Vogus on Reliability, Adaptation, and Collective Mindfulness. *International Journal of Project Management*, 44(6), pp. 102903.

DANIEL, C., LEYRAT, C., GENTINA, E., MESMERMAGNUS, J., GUIDICE, R. and BAILLY, S. (2025). Falling Asleep on the Job: The Efficacy of a Short AppBased Mindfulness Intervention to Improve Sleep Quality and Quantity Within the Workforce. *Stress and Health*, 41(1), pp. e70017.

DANIEL, C. and GENTINA, E. (2025). L'engagement en pleine conscience : une étude des effets de la pleine conscience sur l'engagement organisationnel affectif. *Revue de Gestion des Ressources Humaines*, 3(123), pp. 55-71.

DANIEL, C., CHOWDHURY, R.M.M.I. and GENTINA, E. (2024). Mindfulness, spiritual well-being, and sustainable consumer behavior. *Journal of Cleaner Production*, 455, pp. 142293.

DANIEL, C., GENTINA, E. and KAUR, T. (2023). Mindfulness and green purchase intention: A mediated moderation model uncovering the role of ethical self-identity. *Ecological Economics*, 209, pp. 107810.

ROWE, F., WOLFF, F.C. and DANIEL, C. (2023). Does Addictive Pleasure at Work and Building a Personal IS on One's Smartphone Lead to Problematic Smartphone Dependency? *Journal of Global Information Management*, 31(5), pp. 1-25.

DANIEL, C., HÜLSHEGER, U., KUDESIA, R., SANKARAN, S. and WANG, L. (2023). Mindfulness in projects. *Project Leadership and Society*, 4, pp. 100086.

DANIEL, C., WALSH, I. and MESMER-MAGNUS, J. (2022). Mindfulness: Unpacking its three shades and illuminating integrative ways to understand the construct. *International Journal of Management Reviews*, 24(4), pp. 654-683.

DANIEL, C., GENTINA, E. and MESMER-MAGNUS, J. (2022). Mindfulness buffers the deleterious effects of workaholism for work-family conflict. *Social Science and Medicine*, 306, pp. 115118.

DANIEL, C., DANIEL, P. and SMYTH, H. (2022). The role of mindfulness in the management of projects: Potential opportunities in research and practice. *International Journal of Project Management*, 40(7), pp. 849-864.

GENTINA, E., DANIEL, C. and LI-PING TANG, T. (2021). Mindfulness Reduces Avaricious Monetary Attitudes and Enhances Ethical Consumer Beliefs: Mindfulness Training, Timing, and Practicing Matter. *Journal of Business Ethics*, 173, pp. 301-323.

DANIEL, P. and DANIEL, C. (2018). Complexity, uncertainty and Mental Models: from a paradigm of regulation to a paradigm of emergence in project Management. *International Journal of Project Management*, 36(1), pp. 184-197.

Book chapters

DANIEL, C., GENTINA, E. and LI-PING TANG, T. (2024). Monetary wisdom's practical implications—Does mindfulness excite ethical intentions via diminished avaricious monetary aspirations? Mindfulness training, timing, and practice. In: TANG, T. L.-P. eds. *Monetary Wisdom*. 1st ed. Elsevier, pp. 481-503.

LEVANT, Y., DANIEL, C. and DUFOURNY, S. (2018). Economie de la connaissance, formation des dirigeants et jeux d'entreprise. In: Yves Levant, Stéphane Trébucq eds. *Théorie comptable et sciences économiques du XVe au XXIe siècle*. 1st ed. L'Harmattan, pp. 355-369.

DANIEL, C. and WALKER, S. (2016). Project team life cycle: The first steps of a methodology for management reflection. In: Laurence Lecoeuvre (ed.). *The Performance of Projects and Project Management*. 1st ed. Gower Publishing, pp. 126-141.

Guest editor of a journal special issue

DANIEL, C., HÜLSHEGER, U., KUDESIA, R., SANKARAN, S. and WANG, L. (2023). Call for papers: Mindfulness in project management. *International Journal of Project Management*, 41, pp. 102480.

Editorials of a journal

DANIEL, C., HÜLSHEGER, U., KUDESIA, R., SANKARAN, S. and WANG, L. (2026). Mindfulness as a multilevel organizing capability in project management. *International Journal of Project Management*, 44(6), pp. 102909.

Conference proceedings

ROWE, F., DANIEL, C. and WOLFF, F.C. (2026). Problematic Smartphone Dependency: Shedding New Lights On Its Motivational and Preventing Mechanisms For Working Adults. *ECIS 2016 Proceedings*, 35(ECIS2026-2732).

DANIEL, C., MESMER-MAGNUS, J. and GUIDICE, R. (2023). Shelter in the Storm: Self-Help Mindfulness Interventions Restore Employee Mental Health and Work Engagement.

DANIEL, C., MESMER-MAGNUS, J. and GUIDICE, R. (2023). Mindfulness Interventions to leverage workers potential in a post-pandemic world.

ROWE, F., WOLFF, F.C. and DANIEL, C. (2022). L'addiction au travail et la constitution d'un SI personnel (SIP) sur son smartphone entrainent-t-elles des problèmes de dépendance au smartphone ?

ROWE, F., WOLFF, F.C. and DANIEL, C. (2021). Entre matérialisme et méditation : une exploration des déterminants de la dépendance au smartphone chez les actifs en France.

WALSH, I. and DANIEL, C. (2018). Mindfulness: foundations of the field, current themes of the research front, and identification of research gaps.

WALSH, I. and DANIEL, C. (2017). Mindfulness: review and identification of research gaps.

DANIEL, P. and DANIEL, C. (2016). Complexity, unvertainty and Mental Models: from a paradigm of regulation to a paradigm of emergence in project Management.

DANIEL, P. and DANIEL, C. (2010). Development Modeling® Methodology; a new Strategic Management Approach.

Conference presentations

DANIEL, C., GENTINA, E. and MESMER-MAGNUS, J. (2020). How Mindfulness Relates to Task Performance - A Work/Family Conflict Perspective. In: Annual conference of the Society for Industrial and Organizational Psychology. Austin.

DANIEL, C., WALSH, I. and MESMER-MAGNUS, J. (2020). The polysemous quality of mindfulness: Mapping the field and identifying research gaps. In: Annual conference of the Society for Industrial and Organizational Psychology. Austin.

HOBAEK, J. and DANIEL, C. (2019). The High Cost of Low Performance: Lessons Learnt from the Norwegian Armed Forces. In: ProLog 2019. Metz.

DANIEL, C. and DANIEL, P. (2017). Towards a new model of project teams life cycle in modern projects: Questioning the B. Tuckman model. In: IRNOP Conference of the International Research Network for Organizing by Projects. Boston.

DANIEL, P. and DANIEL, C. (2016). Complexity, uncertainty and Mental Models: from a managerial paradigm to an entrepreneurial paradigm in project Management. In: EURAM (European Academy of Management) Conference. Paris.

DANIEL, C. and DANIEL, P. (2010). Development Modeling® Methodology, a new Strategic Management Approach. In: IPMA World Congress on Project Management. Istanbul.

DANIEL, C. (2004). Temporary Groups Dynamics, towards a model of effectiveness. In: PMI Research and Education Conference. Paris.

DANIEL, C. (2003). Temporary Groups Dynamics, how a group evolves. In: PM Days. Vienna.

DANIEL, C. (2002). Le choix de l'école complémentariste de G. Devereux pour étudier les équipes projet. In: Fontainebleau Colloquium. Fontainebleau.

DANIEL, C. (2002). Les groupes temporaires en management de projet. In: reseach communication, Lyon colloquium, ERGI Reseach laboratoty (Intergroupe des Ecoles Centrales). Lyon.

DANIEL, C. (2001). La dynamique des groupes temporaires en Management de Projets. In: Lille Graduate School of Management Working Papers. Lille.

Press and social media

DJEUWO, N., IFRI, M., NGUOKO NJONGA, A. and DANIEL, C. (2026). Chef de projet : mission, donneur de sens. SKEMA Knowledge.

DANIEL, C. and GENTINA, E. (2024). Développer l'éco-responsabilité en entreprise grâce à la méditation. Harvard Business Review France.

DANIEL, C., GENTINA, E. and MESMER-MAGNUS, J. (2022). « Je suis accro au travail, mais je me soigne ! » : la pleine conscience au secours des « workaholics ». The Conversation.

DANIEL, C., GENTINA, E. and MESMER-MAGNUS, J. (2022). Dear Mom/Dad, you are a workaholic, but mindfulness could help! Character & Context Blog.

DANIEL, C., WOLFF, F.C. and ROWE, F. (2021). Et si la méditation vous aidait à lâcher votre téléphone ? SKEMA ThinkForward, France.

DANIEL, C. and GENTINA, E. (2021). La méditation gagne du terrain chez les jeunes. The Conversation.

DANIEL, C., CHALLARD, S., CONNEN, J. and GERMINET, G. (2020). Préserver la qualité des échanges avec ses équipes : le défi - ou l'opportunité ? - de la crise du COVID-19. SKEMA ThinkForward.

DANIEL, C. (2020). A Wuhan, la méditation a contribué à préserver la santé mentale des individus en quarantaine. SKEMA ThinkForward.

DANIEL, C. and GENTINA, E. (2020). Et si la pleine conscience nous rendait plus performants au travail ? The Conversation.

DANIEL, C. and GENTINA, E. (2020). Quand méditer mène sur la voie de la consommation éthique. The Conversation.

DANIEL, C. (2019). La pleine conscience, victime de son succès. The Conversation.

DANIEL, C. and GENTINA, E. (2019). Manager les millennials grâce à la méditation de pleine conscience. Harvard Business Review France.

Other research activities

Reviewer for:

Mindfulness, Journal of Occupational and Organizational Psychology, International Journal of Project Management